

Hair sampling



Date: _____
(year/month/day)

Last name: _____

First name: _____

ID #: _____

SEE INSTRUCTIONS INSIDE

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Instructions

- It is recommended to wash the hair before sampling.
- Collect a strand of hair (0,5 cm in diameter) as close to the scalp as possible.
- **Staple** the sample in the space provided on the right page.
- Place the root end upwards.
- Close the pamphlet and insert it in a ZIP-LOC bag.
- The front cover must be visible through the plastic bag.

Mandatory specifications

Indicate the nature of the request: **general screening** or **specific elements**.

Is the analysis to be done **over the entire length of the specimen**, **the first few centimetres** or **the entire length but per centimetre**?
Please be precise.

Optional specifications

- Brand of shampoo used:

- Specific hair treatments:

SPECIMEN

- Root end upwards
- Staple only
- The grid below is in cm

